

PUMPKIN PIE DESSERT DIP

Serves 3 cups

INGREDIENTS

- 16oz cottage cheese or plain Greek yogurt
- 1 can pumpkin puree
- 2 tsp. Stevia
- 1 tsp. apple cider vinegar
- 2 tsp. pumpkin pie spice

INSTRUCTIONS

1. Puree all ingredients in a food processor until smooth.
2. Serve with fresh fruit for dipping.

